

Transcripts for Ep. 82- The Life Skills Your Kids Need Befor...

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SPEAKERS

Brie Tucker, JoAnn Crohn, Amy Carney

-
- J** JoAnn Crohn 00:00
Welcome to the No Guilt Mom Podcast. I am your host JoAnn Crohn, joined here by my talented co-host Brie Tucker.
 - B** Brie Tucker 00:07
Why Hello. Hello, everybody. How are you?
 - J** JoAnn Crohn 00:11
We're a little bit warmer here today. It's funny, like always in these intros, I'm like, what's the weather? Like ever, but
 - B** Brie Tucker 00:18
we need to just start adding that at the beginning of each episode. In today's Phoenix.
 - J** JoAnn Crohn 00:22
It's sunny.

- B** Brie Tucker 00:22
it's a sunny and lovely 81 degree high.
- J** JoAnn Crohn 00:26
we could just like copy that and put it except in summer where it's like, it is so hot. We just thought leave the house.
- B** Brie Tucker 00:32
Just like breathe complain, right? Yeah, I noticed that. Like, what was it our episode, we had another episode this week.
- J** JoAnn Crohn 00:37
It was the Dr. Lisa Bravo episode.
- B** Brie Tucker 00:38
And I was complaining about the weather.
- J** JoAnn Crohn 00:39
Oh, yeah. It was either too hot or too cold. It's all good, though.
- B** Brie Tucker 00:44
That's me.
- J** JoAnn Crohn 00:45
Yeah. But like we're discussing, actually, today's interview, we are interviewing Amy Carney, who wrote a book called Parent on Purpose and runs the website, Parent on Purpose. And she's all about helping parents teach their kids life skills and the importance of life skills,
- B** Brie Tucker 01:01
because you don't want your kids to end up living in a van, down by the river.



JoAnn Crohn 01:05

Exactly. And that's something we talk about a lot here on No Guilt Mom about letting our kids have free rein and life skills. And I mentioned that for the first time in a very, very long time. I was alone in the house last night. And I got to like experience what that felt like. And I mean, how many times are you alone in your house? Like with no one there?



Brie Tucker 01:26

Okay, well, that's kind of a loaded question. Because remember, I'm divorced.



JoAnn Crohn 01:29

Yeah.



Brie Tucker 01:30

So every other week, I don't have my kids. Now, recently, my boyfriend moved in, like over the summer, so almost never. like, almost never now. But before that I had years where I had a whole week of that house to myself. And I will admit, like I'm a very, very big extrovert. We talk about that. Like I love being around people. But I'm starting to miss that alone time a little bit once in a while now.



JoAnn Crohn 01:55

Yeah, I forgot how nice it is to be alone. Because I'm a very big introvert. And sometimes, like, I'm such an introvert that I'm like, everyone just stop talking. Just stop talking. Just stop talking.



Brie Tucker 02:05

Yeah.



JoAnn Crohn 02:06

and that's kind of how my brain works. But to be alone, and it was like, like this whole feeling you suddenly remember exactly what it's like before you had kids? And what kind of person you are.

B Brie Tucker 02:19
Right.

J JoAnn Crohn 02:21
Yeah, so it's interesting.

B Brie Tucker 02:23
What did you do with your alone time yesterday?

J JoAnn Crohn 02:26
Oh, we'll talk about that in the outro. I have. I have some opinions about that. So make sure you stay until after the Amy Carney interview. And she is delightful, and has a really, really great tip on how you can make your kids more independent and ready to take that launch. So we hope you enjoy our interview with Amy Carney. Speaking of life skills, our program Not So Bummer Summer teaches your kids about negotiation, long term planning, and it's all about them up planning a specific goal for summer. So if you are stressed out thinking that your kid is going to waste time around the house and watch all of Dude Perfect YouTube channel, please check out Not So Bummer Summer, we are doing a flash sale on it today and tomorrow. So you can find out more information at noguilmom.com. You want mom life to be easier. That's our goal to our mission is to raise more self sufficient and independent kids, and we're going to have fun doing it. We're going to help you delegate and step back. Each episode, we'll tackle strategies for positive discipline, making our kids more responsible and making our lives better in the process. Welcome to the no guilt mom podcast. Welcome to the note bond podcast, Amy! I'm so excited to have you here because this is like a reconnection of sorts. like we met six years ago in person. And now it's like we get to reconnect on the podcast. So welcome, welcome.

A Amy Carney 04:05
Oh, thank you so much for having me.

J JoAnn Crohn 04:07
So for those of our audience who don't know about you, can you tell us a little bit about who you are and what you do?

A

Amy Carney 04:13

Oh my gosh, well, I am a content creator. First and foremost, I wrote the book Parent on Purpose. And that stems from a crazy trip that we took around the United States six years ago in an RV as a family and what I learned about that process, and so I am a mom of six I was a mom of five up until a few months ago we are adopting out of the foster care system again. So I have 19 year old triplet sons who we so we have launched to three different states and a daughter who's a senior in high school right now and then Sunway adopted out of the foster care system is 14 and then like I said, we have a new little guy we're adopt in the process of adopting so very busy mama right now in elementary school, middle and high school, but I just love writing about intentional parenting. And I'm just excited to be here talking to you guys about it today. So.

B

Brie Tucker 05:06

Man! There is not a moment in your household is there?

A

Amy Carney 05:10

Oh, no, I guess I don't roll that way.

B

Brie Tucker 05:14

Well, and the other thing too, is like I was telling you, JoAnn, and when I read your story about the RV, and how you guys were like, you know what, let's just do this. And I feel like that's a dream and a nightmare-today- with with the pandemic, right? I think some of us are like, I just want to hit the road and get out of my house because I've been in it for a year. And on the other hand, being in a motorhome locked up with like, three teenagers kind of scares the crap out of me.

J

JoAnn Crohn 05:38

Well, it's so interesting, because I feel like I think a disproportionately amount of my friends have done the RV thing just because like I'm in the blogger. Blogger space, and the thing that you know, people have been doing, oh, what, six years ago, you were like the trendsetter of doing the whole RV.

A

Amy Carney 05:53

Totally, totally. And it didn't stem from a good place necessarily. We were really

disconnected as a family. And we just got to this place where we knew we had to make major change. Or I was going to get to this point in my life now and have so much regret, because we were just racing around and it kind of missing all the important moments. And so we we just pulled out everything, my husband quit his job. And we did the seven month trip to kind of regroup and reconnect our family and figure out what we wanted out of the season before launching the kids so.



JoAnn Crohn 06:21

okay, this whole RV trip, what was like, the first like thought that you're like, we should pile everyone in RV?



Brie Tucker 06:28

Yeah. How'd you get to that point?



JoAnn Crohn 06:30

Yeah.



Amy Carney 06:31

You know, what, we had friends that were are being around and we you know, kind of watch them they were just doing in the summer. But what happened is I was what my husband was a pro hockey player, and he was coaching for the Chicago Blackhawks at this time. So he was traveling all around and I was alone with the kids. I was in an auditorium I had just dropped like one kid at soccer, one at basketball, want to hockey, and I flew into this middle school auditorium to watch my fourth child on the stage and I and I barely made it before the lights went down. And I got to that seat and I just started crying like I sat there alone crying, like what kind of life is this? What this is not what I envision a family to be like. And so in that moment, I said to my husband, like we've got to make change. And he agreed, and he's the one who came up with the RV thing. And I thought there's no way like we've never camped a day in our life. We're not homeschooling family this, that he's never going to do this. Well, he did. He did he bought it. And then it was my idea. Well, because I'm not dull and boring. I'm like, we're gonna do this. Let's do this. And so it was my idea to really do around the US. And it was a way for me to get back into writing. I had been a sports journalist actually taking time off, you know, raising the kids. And everyone kept saying you should do a blog, you should do a blog. So it gave me an excuse to start a blog. So I actually had pretty good content to write. So yeah, I didn't ever believe when I said yes, that he would actually go buy the RV.

But...he did.



JoAnn Crohn 07:51

That's crazy. So like, what did you tell your kids? Like, when you guys bought the RV? And you're like, we're doing this. Like, how did the kids react?



Amy Carney 07:59

Yeah, they weren't too excited, because they were in -. So they had to miss sixth and seventh grade. So they were like what in the world? and you know, pulling them, we knew that it was now or never. Because beyond that stage, it's, it's I mean, you can always do that nearly impossible to you know, have them come along happily. And you know, to pull them off their sports teams and away from all their friends and like, live in this tiny spaces for six, you know, six people together. But you know what, we had the best time and we had hard times a lot of hard times. But just getting out in nature, being free and having no schedule every day. I mean, it was so freeing. And we also knew that we were when we came home, we were going to start preparing them for the launch and strengthening their life skills and all that. So we knew we really wanted to connect our family before we started launching them. So



Brie Tucker 08:43

and I love what you're talking about there how you had this intentional thought process about starting the skills, making sure your children had their life skills so that they could be happy, thriving adults, when it was their time to leave your home and do things on their own.



JoAnn Crohn 09:00

But it was during that time that you really discovered what life skills your kids were lacking, right?



Amy Carney 09:06

Yes, yeah.



JoAnn Crohn 09:07

So how did that go down? Oh, my

A Amy Carney 09:09
Oh my gosh. Well, I mean, when they started complaining about you know that I wasn't making the lunch they wanted or their shirt that they wanted to wear wasn't washed. I said, Well, you know what? I think it's time that you start doing these things for yourself, because I'm clearly not doing a good enough job for you here. And it's time to take it over. And actually it's way less stress on me. I mean, it was an our entire family because now they can come alongside and make them what they want to eat for lunch or wash their clothes or whatever. And it takes the burden off me and also teaches them many skills that they are going to need in life anyway. So it's just I mean, it's a win win when you when you hand things over to your kids no matter what age.

J JoAnn Crohn 09:50
Amen.

B Brie Tucker 09:51
Oh Yeah! I will say like one of my life skills that I learned the hard way was that when you're doing a load of laundry, that's colors Make sure you're not putting bleach on anything nearby at the same time, you know, because it might, I don't know, splash all over your uniform, but you have to wear to work, right?

J JoAnn Crohn 10:09
Yeah.

B Brie Tucker 10:10
So you know.

J JoAnn Crohn 10:11
like the life skills like did you start teaching them to your kids on this trip? Or was it like some mental note that you kind of locked away?

A Amy Carney 10:19
I think that I've been teaching them all along. Because when you have a lot of kids too, it's something that comes a little more naturally, to teach, because you can't do everything

for all these kids. But it was more the idea of that we were more intentional, like, okay, they are now 13. 12-13. When we're on this trip, we know we've got what I mean, five years? five years, they will be launching five, six years. And so I talked about in my book like think always think six years ahead, what do I want that 18 year old leaving my home? What do I want them armored with? You know, who do I want them to be on that college campus? And what can I do to help come alongside and teach them those important skills that are going to serve them? Well in life? Yeah.

J

JoAnn Crohn 10:55

And what did you think that now you needed to teach them? And what do you tell other parents? Like how do they get started? How do parents get started teaching these life skills?

A

Amy Carney 11:03

Oh, my gosh, just simple. It's a process. I think it's, you know, an intentional process, but you just realize just on the day to day, what's what's lacking the number one thing when I was writing my book that I interviewed University dean's and professors, and every single one of them told me that the number one thing that students coming on to their campuses are lacking is problem solving skills. Like we as good moms are stripping that away from our kids, because we're good, we're efficient, and we know how to solve problems. And it's, and so we just are getting things done for our kids, and not realizing that we're really hindering them by doing this. And so that was one of the things I really tried to slow down on. And realize when there was a problem, and my child was texting me or, you know, coming to me for help, could I slow down and start having them think through how maybe they would want to solve that problem, I wrote about a story where my son lost his wallet. And you know, it was the end of the world, I knew exactly how to get that wallet back. But I had to slow down and think about let's let him start trying to figure this out. And it's so painful like to, you know, for a 14 year old boy to prom, so it's painful to let them do that, because they do not do it and the way we do that, but we also have to know that that's important. It's an important process for them to start solving problems in ways that maybe we wouldn't necessarily do. And that's how they learn and, and how we learn to step back.

B

Brie Tucker 12:22

You know, I think that they're really good point. we have so much going on in our lives, we try to have so many things on our daily schedule. And I think part of that is society, a lot is expected of families anymore, especially moms, to handle so many things. And to be able

to stop and watch your kid do it at I don't know, a third the pace, you could do it. And knowing that some of their solutions are going to try are totally not going to work, which is going to take even you know longer. That amount of patience and being able to stop is just, it is so so hard. Like I grit my teeth with that a lot when I'm trying to let my kids problem solve like it's, it's hard.

A

Amy Carney 13:04

It is and that's what parents have to realize. It's it's hard. I mean, watching him do what he did or didn't do was painful. And it was three weeks went by and he never got the wallet back. And I'm like You know what, I went down to the mall. Sure enough, I got the wallet back like and I brought it home. I'm like, well, you can pay me \$20 for this thing because you know,

J

JoAnn Crohn 13:23

you get a finder's fee.

A

Amy Carney 13:25

Yeah, I mean, so it's good. It's good to have these conversations. And when not things naturally pop up in your family day to day, I enjoy it because it's like, perfect. You know what, it's better you learn to not have the bleach spelling on the clothes now in my home, right then you're out in the world. So sometimes we get stressed out because these things are going wrong in our home, or, you know, it's we're going to look at his teaching moments. These are great teaching moments when our kids fail when they make mistakes. When we make mistakes, we fail. I mean, it's just all a perfect learning opportunity.

J

JoAnn Crohn 13:56

I totally agree with you that they are definitely teaching moments. And I think that if we could also see the humor in some of these moments as well, it makes it so much easier to get through it. And like in terms of problem solving, like you're said, like stepping back and letting your kids solve their own problems. hardest thing in the world, especially when you know the outcome like right, my daughter, for instance, she has a problem with one of her teachers and those relationship problems as well. Because you want to just go in and be like okay, well here's what you do. And here's what you say and you want to like go talk to the teacher and like explain your kids viewpoint but that would totally ruin the whole thing.

B Brie Tucker 14:34
Yeah, yeah.

A Amy Carney 14:35
So true.

B Brie Tucker 14:35
The other funny thing too like with us because our daughters our friends Yeah, whenever one of them like has like an issue with friends we we normally know everybody involved in it. And we know the parents do so we know probably the backstory even more and trying to help guide them in them just saying like, Nope, I'm gonna do it my way. Oh, man, that's,

J JoAnn Crohn 14:55
that's hard.

B Brie Tucker 14:55
That's a hard one too. But you know, again, like you're saying how do we know these things? Because we went Read them at one time, right? We're given the space and the time, and hopefully the guidance to not, you know, fall flat on our face and to learn how to do this problem solving skills. And it comes from a place of love with us as parents not letting them do it. We're like, oh, let me make this easier on you.

A Amy Carney 15:16
Right.

B Brie Tucker 15:16
And really, what we're doing is a huge disservice. Like you said, like, if you think of it, like five or six years down the road. Yeah, I think that's a really good a-ha moment. I love that piece of advice. Now that I think about it every time I try to swoop in and solve a problem for my kids from now on, I'm going to stop. And instead of going to the van down by the river,



JoAnn Crohn 15:33

Uh-huh.



Brie Tucker 15:33

I'm going to think about what's going to happen to them in five years, if they still don't know how to solve this problem. And I think that's gonna be enough motivation right there to have me go Zip it , and figure it out



Amy Carney 15:45

It's so true. Think of them on that college campus, which mine are on right now? And are they going to be able to have the confidence to make mistakes and to know how to go to someone for help, or to be confident enough to have that conflict with a roommate or, you know, without having to always rely on us to do that so.



Brie Tucker 16:01

right.



JoAnn Crohn 16:02

So what are a few life skills that you think that all kids should really learn before launching and leaving the house?



Amy Carney 16:09

Yeah, well, there's a lot but one, that one that I really like to talk about and think about is we are not doing a very good job of teaching kids wherever in the world, they live, like our kids today know their address, right? But I realize, anytime I was taking a child's friend home, they never knew one thing about where they lived, like they don't know the major crossroads of where they live, they don't know what exit they live off of a freeway, they just want you to put it in your phone and get them there navigate in there. Well, the problem is, our kids are gonna be driving one day, right? They're gonna be out on the road. And we want our kids confidently kind of knowing how to navigate the local area, right? Not this data. So it's really important that when our kids are, you know, tweens that you start teaching them, what are the major crossroads and having them start telling you? How do you get to your friend's house? How do you you know, so that way, when they are driving around town, they've got a better idea of, you know, without relying on a

phone, we do not want our kids constantly relying on the phone. I mean, it's so easy for all of us to do that. But we've got to start getting our kids to use their brain, even when there's technology that will make it easier for you. We've got to start having our kids use their brain. And that's a fun, easy way. I mean, the kids don't think it's fun, right? They don't want to be figuring this stuff out. But you know, it's important, it's important that our kids could get in someone's car and say, Hey, I live at the corner of so and so and so and so. And you know, and navigates me to that point, and then you can lead people. So I just think that's a fun, easy way to start teaching kids to solve solve that problem.



JoAnn Crohn 17:36

I mean, that's a great one. And it's so funny, you mentioned that because I didn't even think that that's the reason like my kids were so unaware of our local areas, because they do rely on phones and navigation. I remember when I was young, and my mom used to take me over to my grandma's house, which was like 20 minutes across town. And as a game, she'd be like, okay, you tell me which way to go. And I'll be like, Okay, here we go. We're gonna go here, you're gonna turn there. And I was able to go through the whole thing to my grandma's house, which I thought was a huge accomplishment.



Brie Tucker 18:04

Wow!



JoAnn Crohn 18:05

at seven or eight.



Amy Carney 18:06

Yeah, see? So why aren't we doing that now?



JoAnn Crohn 18:08

I know, because like, we rely on our phones, or like, sometimes I think, though, a lot of parents deal with the struggle in the car with kids, where it's like, we know the fighting that happens sometimes in the car. We know the pushback that happens when we ask our kids to do things. And I think like, just keeping them occupied, instead of having them look at the road became more of an imperative than actually teaching them about the world around them.

A Amy Carney 18:33
Yeah,

J JoAnn Crohn 18:33
right. It's what I'm seeing.

A Amy Carney 18:34
Yeah. But if you look at how dangerous it's so dangerous, with teenagers today, driving because they're distracted by their phones, so we can start teaching them earlier that you don't need this phone to get to, you know, Joey's house, like you can use your brain but they. And so if you start, you know, building up that muscle a little earlier than 16, when they're going off, then they're more confident that they don't need to rely on this phone. They can rely on their brain.

J JoAnn Crohn 18:55
It gives kids the confidence.

A Amy Carney 18:58
And it's safer.

B Brie Tucker 18:59
Yeah. What are some other skills that you found have been really helpful for kids to learn?

A Amy Carney 19:02
Oh my gosh! Well, just how about addressing an envelope for you know, simple things?

B Brie Tucker 19:08
Right?

A Amy Carney 19:08
Yeah, I was interviewing a professor for University of Arizona and she was talking about

that no students in her one of her class, she's like an honors teacher. They didn't none of them knew when were you put the stamp on the envelope? Where How do you write an address on the front? And so it's like, we're forgetting some of the most basic skills because we're not even having our kids write thank you notes anymore, right? They can just text it or they can email it or so that's just getting back to the basics and having them know the simple skills because they will need to address envelopes and send them



JoAnn Crohn 19:39

they will. It's so funny though it doesn't appear as much in our culture today, the addressing envelopes. It's almost like we lack the opportunities all the time to teach that skill has to be such an intentional I'm going to teach you how to address an envelope today versus we're just doing this every day because we have to send out mail.



Brie Tucker 19:55

I think I might start sending out Christmas cards again. Yes, so my kids can practice that skill.



Amy Carney 19:59

right?



JoAnn Crohn 19:59

And have them address all of them.



Brie Tucker 20:01

because that's the part that I hate the most.



JoAnn Crohn 20:03

Yeah, So put that on on them!



20:04

label.

J JoAnn Crohn 20:04
You print the labels put a mail merge.

B Brie Tucker 20:07
No, no, no, because I Oh yeah, you're right. Yes. If I do that.

A Amy Carney 20:10
One of the things we started doing once we got back from the RV trip is we intentionally started sending our kids to sleepaway summer camp for a couple weeks in the summer for many reasons. But that was one way they started learning and they were sending letters home. And so they started learning that kind of early, but that's one way.

J JoAnn Crohn 20:25
I still want to send my daughter, sleepaway camp, I think it's the best way for kids to gain independence and -

A Amy Carney 20:30
they can't -

J JoAnn Crohn 20:31
and away from technology!

A Amy Carney 20:32
And going with strangers and learn -just they're just they learned so many amazing things. I mean, I think one of the best things I think you can do when you're trying to strengthen. And it also was helped strengthen me because I knew I mean, I have four, I had four children in 18 months. So they're all leaving me in the same year. And I knew I didn't want to get to this point and have this quiet house and not even know how to be my home, I knew I'd be a wreck. So sending them to camp, I started being alone in my home, and started figuring that out a little earlier. So you we got to be intentional teaching our kids and setting ourselves up for success.



Brie Tucker 21:02

I think that's very true. Because I think that as parents, again, and are really busy day to day life, that little bit of time that we do get to ourselves, and it seems like a dream having like time without the kids, right. But the novelty wears off after a little while. And then you kind of start just looking around going like well, what am I supposed to do now?



JoAnn Crohn 21:20

Yeah,



Brie Tucker 21:20

I mean, unless you really enjoy cleaning. I mean...



JoAnn Crohn 21:23

yeah, well, it's funny because last night, I was alone in my house for the first time and I don't even remember the last time I've ever been alone in my house for a few hours because my husband and son were at like a Boy Scout pack meeting and my daughter was at dance rehearsal and I'm like, What am I going to do? And so I decided to watch a kid inappropriate show on Hulu. Kid 90 the Soleil Moon Frye documentary!



Brie Tucker 21:47

Oh my Goodness!



JoAnn Crohn 21:48

Not for kids. Yeah, so



Brie Tucker 21:50

no! but it also makes you look at your kids and go, Oh, gee, man.



JoAnn Crohn 21:54

have you seen this documentary?

A Amy Carney 21:55
No. But I even night alone in my house that's...

J JoAnn Crohn 21:58
Yeah. Oh my gosh, I was like Punky Brewster took a video camera with her everywhere in her teenage years filmed and wow thing. So you see, like how interconnected the whole Hollywood lifestyle was. I mean, she has like Kevin Connolly from Entourage. Jonathan Brandis was one of our friends. So video stuff of John,

B Brie Tucker 22:15
Mark Paul Gosselaar.

J JoAnn Crohn 22:17
Gosselaar, for everyone in that so it's totally recommended.

A Amy Carney 22:20
Cool. Cool. I never even heard of it. So see?

J JoAnn Crohn 22:22
Yep, it only on Hulu. What are you looking forward to you right now? Amy, that's coming up for you.

A Amy Carney 22:26
Um, I am looking forward to so I started launching a new physical product line to help moms better leave a legacy. Like I just, you know, wrote that 100 questions for mom journal. And I've got some different ways just to create simple, simple keepsakes like quickly because we are busy. But we don't want to lose the art of our handwriting and our stories. And so I've created products to help moms do that in simple ways. So that's my next project.

J JoAnn Crohn 22:52
That is awesome. Well, it's been such a joy talking to you. Thank you so much for coming

on. We are going to keep that little problem solving nugget in and stop ourselves.



Brie Tucker 23:00

I know, right? My thing is definitely the stop and thinking six years ahead.



JoAnn Crohn 23:05

Yeah,



Brie Tucker 23:05

Or five years in the future of like, okay, are they going to need this skill? They are then I need to zip it. Yeah, that's for sure. That is huge!



Amy Carney 23:12

That's why I always have like a coffee cup in my hand. Cuz I'm like, just drink. You know, don't talk.



JoAnn Crohn 23:17

That's a good tip!



Amy Carney 23:17

Yeah. Just Just take a sip of your tea, coffee, whatever it is, and just don't talk



Brie Tucker 23:23

as you do the step and then the caring nod. Oh Man. Yeah. Good coffee.



JoAnn Crohn 23:31

We will talk to you soon. Thanks, Amy. Thanks. The problem solving tip she gave about just letting kids do their own problem solving genius.



Brie Tucker 23:42

Oh, yeah. And I especially loved the driving one. I like after the show, we shared how my sister taught me one piece of advice when they moved out here in the 90s. And I'd come out and visit and I was always worried I'd get lost in this huge city because, you know, Kansas City is smaller than Mesa. So like, anyway, she always taught me like, you know that we live in the east by that mountain. It's Usery Mountain. So she's like, look for usery Mountain, and then just drive towards Usery Mountain and then we're off McKellips. Just when you get to a stoplight, roll down your window and ask someone how to get to McKellips. I used that tip a few times.

J JoAnn Crohn 24:14
Yeah, it's 90s directions.

B Brie Tucker 24:16
Right?

J JoAnn Crohn 24:17
No one asks directions anymore.

B Brie Tucker 24:18
But my kids would never do that now.

J JoAnn Crohn 24:19
No. No. They'd be too afraid.

B Brie Tucker 24:22
Yeah. Yeah.

J JoAnn Crohn 24:22
It's interesting because like the whole 90s perception has changed. And so I mentioned in the interview about how I watched this documentary on Hulu, by Soleil Moon Frye, who was Punky Brewster, it's called Kid90. Basically, she had a video camera all throughout her teenage years. And so she videoed all these parties and all of her life just set out to

document everything. And so you see all of these stars, you remember from the 90s. And I mean, she was really good friends with one of the singers in House of Pain. It was like -

B Brie Tucker 24:52
she dated him.

J JoAnn Crohn 24:53
She didn't Well, they didn't date they were just kissing buddies. And then they like that,

B Brie Tucker 24:57
okay,

J JoAnn Crohn 24:57
and he kind of dumped her because he went on On the path of drugs, and then they reconnected anyways. But, so just watching what the life was like in the 90s for her as a partier, like they party, right?

B Brie Tucker 25:11
Which you,

J JoAnn Crohn 25:12
you know, it was Yeah, it was the 90s

B Brie Tucker 25:14
you hear a lot about that lifestyle, especially if you're in Hollywood.

J JoAnn Crohn 25:16
Yeah,

B Brie Tucker 25:17

you have money in that ability that Yeah.

J JoAnn Crohn 25:19
yeah. So um, one of the things that got me in the documentary is because she was on all these talk shows be like, Don't do drugs, say no to drugs. And then they like high that night. She died that night. And she has a video of her like, they put it together so brilliantly. And the documentary, because the next video of her was like, I used to tell people to say no to drugs, and how I just say, say yes. And I'm like, You're kidding me. Like I listened to you when you were saying, like, don't, you know, say no to drugs. And it was just like, Well, I'm glad I listened to her. But still,

B Brie Tucker 25:52
you feel so you feel so lied to!

J JoAnn Crohn 25:55
I feel totally lied to. But it brought me back to one of our previous interview guests, Jessica Lahey, who recently wrote the book, you know, The Addiction Inoculation and how she was talking about those 90s drug programs did not work.

B Brie Tucker 26:09
Just Say No, DARE to drugs.

J JoAnn Crohn 26:12
Yeah, yeah, just say NO didn't work. and seeing that example, from Soleil Moon Frye. I'm like, nope, they didn't work.

B Brie Tucker 26:19
Yeah, I gotta admit, like, I watched that. And I'm like, who I'm scared about the things that kids do when they (inaudible). I don't know. I have a lot of anxiety about my kids getting older. So I just need to stop.

J JoAnn Crohn 26:34

So a lot of her videos were like before she even turned 18 he had a lot of unsupervised time, like a lot and I think that most of that was due to the money that they had.

B

Brie Tucker 26:45

Yeah, probably and when she talks about how she you know, only had her, her dad wasn't really around so her mom was a single parent and she had to work a lot so she wasn't home a lot. So again, I that's why I said like, I think I've overgeneralize a lot.

J

JoAnn Crohn 26:58

Oh,

B

Brie Tucker 26:59

can I also say I find it hilarious that I had so I don't get a lot of alone time anymore, right?

J

JoAnn Crohn 27:03

Yeah,

B

Brie Tucker 27:04

I had one morning where I was alone for like three hours and that's what I watched that documentary. What is it about this like 90s documentary that that like it's like, oh, my alone! I'm just going to get into this guilty pleasure.

J

JoAnn Crohn 27:19

It was very enjoyable, the documentary. And seeing like all those people that you remember watching and seeing like another side of them like Brian Austin Green, who's on 90210 and Mark Paul goslar. And Gosh, he was such a cute Zack Morris like looking at Zack Morris and like how (inaudible)

B

Brie Tucker 27:36

I loved that man growing up. Oh, he was like what I wanted.

J JoAnn Crohn 27:40
And now he just looks like a regular guy.

B Brie Tucker 27:42
I know. Right? What happened to the bleached blonde hair. Oh, and I love Tiffani Amber Thiessen because she had won the TEEN magazine modeling and I use an I loved Teen magazine. I had a pen pal from Teen magazine, which I find funny because that's another thing Amy talked about about addressing envelopes and right yeah, oh, kids don't have that skill anymore. And holy crap. Yeah. A lot of these skills that our kids don't have were ingrained in our day to day life back as kids.

J JoAnn Crohn 28:08
They were ingrained. But at the same time, I'm like, how useful are they? Really? Because if you need to address an envelope, and you don't know how to address an envelope, what can you do?

B Brie Tucker 28:20
You can look it up on Google.

J JoAnn Crohn 28:21
Yeah, you can look it up on Google.

B Brie Tucker 28:22
I knew where you're going with that. I was like, oh!

J JoAnn Crohn 28:24
and it's it's the same on cursive.

B Brie Tucker 28:27
Yeah, I guess so.



JoAnn Crohn 28:28

teaching cursive. And some some people might disagree with me on this. But I think that addressing envelopes is a really, really it's a good skill. It's easy skill to teach. So it doesn't take that much forethought. writing checks like when you have to write a check. That's



Brie Tucker 28:42

Yeah,



JoAnn Crohn 28:42

but it comes so few and far between that I really think it's dying, like checks are dying and probably lettered mail is dying, and it'll be like one of those quaint, old timey things.



Brie Tucker 28:52

Don't call something I grew up an "old timey thing"!



JoAnn Crohn 28:54

I know. I know. But it's like it's just the age we're going into so I'm yeah, either way. But anyway. Remember, regardless of if, if you're writing cursive right now, the best mom is a happy mom. Take care of you and we'll talk to you later.



Brie Tucker 29:13

Thanks for stopping by.